

Being Ready for School

Here are some things to consider to help prepare your child for school

Eating

- I can use a knife and fork
- I can open my pack lunch and the wrappers and packaging inside it

Dressing

- I can put on my own coat and do the zip
- I can change into my PE kit
- I can put on my own shoes and socks

Routines

- I have a good bedtime routine so I am not tired for school
- I'm learning to eat at the times I will at school

Self-Care

- I can go to the toilet on my own, wipe myself and flush
- I can wash and dry my hands without help
- I can wipe my own nose

Sharing

- I can share and take turns
- I like playing games with others

Writing

- I enjoy making marks
- If I want to write my name I learn to do it with a capital letter at the beginning only and the rest in lower case

Listening

- I can follow instructions
- I understand the need to follow rules
- I like to listen to stories

